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URBAN DISTRICT OF HUNSTANTON.

A N N U A L R E P O R T
of the
M E D I C A L O F F I C E R
O F
H E A L T H.



YEAR ENDED DECEMBER
31st, 1958.

—
COUNCIL OFFICES,
HUNSTANTON,
NORFOLK.



To the Chairman and Members,
Hunstanton Urban District Council.

Mr. Chairman, Ladies and Gentlemen,

ANNUAL PUBLIC HEALTH REPORT 1958.

I have much pleasure in presenting for your information a copy of my Annual Report for 1958 to the Minister of Health on the public health of the District.

Area (in acres): 1498 (including 434 acres of Foreshore).

Registrar General's estimate
of resident population: 4520.

Estimated number of Americans living
in the Urban District: 1130.

Number of inhabited houses according
to Rate Books: 1343.

Rateable value and sum represented by a
penny rate: £75,785.
£302.

Social Condition, including the chief
industries carried on in the area and the
extent of unemployment: None.

VITAL STATISTICS.

LIVE BIRTHS.

| | <u>Total.</u> | <u>M.</u> | <u>F.</u> | |
|--------------|---------------|-----------|-----------|--|
| Legitimate | 138 | 66 | 72 | Birth rate per 1,000 estimated resident Population and Americans 1958 - 25.3. |
| Illegitimate | 5 | 1 | 4 | |
| | <u>143</u> | <u>67</u> | <u>76</u> | |
| | | | | Area comparability Factor Births 0.93. |

STILL BIRTHS.

| | | | | |
|--------------|------------|-----------|-----------|--|
| Legitimate | 4 | 2 | 2 | Rate per 1,000 total (live and still) births 33.7. |
| Illegitimate | 1 | - | 1 | |
| | <u>148</u> | <u>69</u> | <u>79</u> | |

DEATHS.

| | | | | |
|---------------------------|----|----|----|--|
| Death from all causes. | 39 | 15 | 24 | Rate per 1,000 estimated population 8.6. |
|---------------------------|----|----|----|--|

| | | | | |
|---|---|---|---|---|
| Deaths from puerperal causes: (including abortion). Puerperal sepsis. | - | - | - | Area comparability Factor Deaths 0.88. |
|---|---|---|---|---|

| | | | | |
|--|---------------|-----------|-----------|--|
| Other puerperal causes: | - | - | - | |
| | <u>Total.</u> | <u>M.</u> | <u>F.</u> | |
| Deaths of infants under one year of age: | 4 | 2 | 2 | |
| Deaths of infants under 4 weeks of age: | 4 | 2 | 2 | |

DEATH RATE: All infants, per 1,000 live births. 28.0

Legitimate infants per 1,000
Legitimate live births: 28.0

Illegitimate infants per 1,000
Illegitimate live births: None.

| | <u>Total.</u> | <u>M.</u> | <u>F.</u> |
|----------------------------------|---------------|-----------|-----------|
| Deaths from Cancer (all ages) | 2 | 2 | - |
| Measles (all ages) | - | - | - |
| Whooping Cough (all ages) | - | - | - |
| Diarrhoea (under 2 years of age) | - | - | - |

Particulars of any unusual or excessive mortality during the year which has been received or required comment: NONE.

Any causes of sickness or invalidity which have been specially noteworthy in the area during the year: any conditions of occupation or environment, which appear to have had a prejudicial effect on health: or any evidence, statistical or otherwise, that unemployment has exercised any significant influence on the health or physique of children or adults: NONE.

SECTION B. General Provision of Health Services for the Area.

1. One part-time Medical Officer of Health; one whole-time Public Health Inspector and two District Nurses.
2. (a) Laboratory Facilities: None other than Medical Research Council Laboratory at the Norwich City Isolation Hospital.
- (b) Ambulance Facilities: For non-infectious and accident cases a Daimler Motor Ambulance is provided by a local Committee of the St. John Ambulance Brigade and British Red Cross Society, conjointly for use in the District. It is worked by a Local Committee and is self-supporting as far as possible. (After 1/5/48 taken over by Norfolk County Council, but run for them by the Committee referred to above).
- (c) Nursing in the Home: The District Nurses undertake this.
- (d) Treatment Centres and Clinics, including clinics solely for diagnosis or consultation: This work is undertaken at the King's Lynn Hospital.
- (e) Hospitals, Public and Voluntary: None, other than the King's Lynn Hospital.

1. Sewerage and Sewage Disposal.

Adverting to my report on this subject contained in my last Annual Report, unfortunately no practical progress has been made in the provision of new sewage disposal works. It is understood that the Council has approached the Ministry of Housing and Local Government for a grant under the Rural Water Supplies and Sewerage Acts for a grant in respect of the expenses of such scheme, but to date no reply to this application has been received. In my opinion the provision of new sewage works is of paramount importance to the town, especially in view of the considerable development of private houses and caravan sites which has taken place in the Urban District.

The existing works were operated as efficiently as possible during the year, and fortunately no serious troubles were experienced.

The sewer at the rear of South Beach Road has continued to give frequent trouble during the year, owing to its insufficient fall and size, but it is understood that the provision of a new sewer is tied up with the provision of new sewage disposal works.

A storm water overflow to the Waterworks Road sewer was constructed during the year to overcome the overflowing of the sewer as a result of surcharging during heavy rain.

All premises within the Urban District are provided with proper water closets and are connected to the sewerage system, except for eight isolated properties which have either septic tank or cesspool drainage. Some trouble was experienced with some of these drainage systems.

2. House Refuse - Collection and Disposal.

A weekly collection of house refuse was maintained throughout the year, additional collections varying from twice weekly to daily being made during the summer months from catering establishments, hotels, sea front kiosks and cafes.

The Council took delivery of an 18 cu. yd. Dual Tip Rear Loading Refuse Collection Vehicle in March, replacing a 7 cu. yd. side loading vehicle. This larger vehicle has been used full time since its delivery, and because of its fewer runs to tip and the resultant greater collecting time has enabled the summer schedule of refuse collection to be carried out by 5 men instead of 6 as in previous years, this is in spite of the fact that there were an additional 150 caravans sited in the district. The use of this vehicle has also resulted in a more dustless collection of refuse.

The collection of waste paper salvage was continued during the year and 31 tons were disposed of, yielding £122.

Refuse was disposed of at Redgate Hill Quarry Tip until October, 1958 and following enquiries with the Docking R.D.C., tipping was commenced at the tip at Thornham jointly with the Docking R.D.C.

Spraying with insecticide was carried out at intervals at the refuse tip to control the breeding of flies and other insects. Rodent Control measures were also taken as necessary.

3. Water Supply.

The amount of water pumped during 1958 was 126,478,000 gallons, compared with 124,130,000 gallons in 1957. The amount

per month varied from a peak of 13,476,000 gallons in August, compared with 14,144,000 gallons in August 1957, to a minimum of 8,390,000 gallons in April, compared with 7,686,000 in March, 1957.

Of the 126,478,000 gallons pumped, 24,631,500 were supplied to the Docking Rural District, the consumption for the Hunstanton Urban District being 101,846,500 gallons, compared with 101,070,500 gallons in 1957.

Twenty-seven samples of water were submitted by the Water Engineer for bacteriological examination during the year, the results being as shown in the following summary:-

| Before or After Chlorination. | No. of samples taken. | RESULTS. | | |
|-------------------------------|-----------------------|------------------------|-----------------|-------------------|
| | | "Highly Satisfactory". | "Satisfactory". | "Unsatisfactory". |
| Before | 15 | 2 | 2 | 11 |
| After | 12 | 12 | - | - |

As will be seen from these results, the samples of water taken after chlorination and as supplied to the general public were "Highly Satisfactory".

4. Public Lavatories.

The Council controls six blocks of public lavatories in the district, two being provided with wash and brush-up facilities. The provision of hand rinse facilities at Westgate Lavatories was carried out in March. Good use has been made of these facilities and it is hoped that their provision in the other lavatory blocks will be carried out soon.

Cleanliness of the Bathing Pool and Amusement Park lavatories where full-time attendants were employed during the summer months was, as in previous years, of a high standard. The cleanliness of the unattended lavatories was maintained at as high a standard as possible, considering the manner in which unfortunately a small section of the general public use them.

Alterations to the North Beach Lavatories to increase the number of Ladies W.C.s from 2 to 3 was carried out early in the year.

5. Camping Grounds.

There are eight private camping grounds within the Urban District, being licenced for a total of 711 moveable dwellings. The sites vary in size from 16 to 360 moveable dwellings.

The Council owned site was further developed during the year, increasing the size so that it accommodated 96 moveable dwellings. In this connection an additional block of flush lavatories was provided. A further extension of this site is anticipated before next season.

Numerous routine visits were made to the sites during the year. All matters needing attention were dealt with informally.

All camping grounds are restricted to mobile trailer caravans.

6. Rodent Control.

The Council's Rodent Operator carried out 90 control treatments at premises during the year, involving 544 visits. Four treatments, involving 18 visits, were also carried out at the refuse tips.

Treatments of the Council's Sewers were carried out in February, May and October. The treatments in May and October were carried out with "Warfarin" and showed very satisfactory results.

7. Swimming Baths and Pools.

There is one open air swimming pool in the district controlled by the Council, the water being filtered and chlorinated sea water.

Bacteriological examination of the water showed it to be "highly satisfactory".

8. Factories Acts 1937 and 1948.

(1) Inspections for purposes of provisions as to health:-

| <u>Premises.</u> | <u>No. on Register.</u> | <u>Inspection.</u> | <u>Written Notices.</u> | <u>Occupier Prosecuted.</u> |
|---|-------------------------|--------------------|-------------------------|-----------------------------|
| (i) Factories in which Sections 1, 2, 3, 4 and 6 are to be enforced by L.A. | Nil | Nil | Nil | Nil |
| (ii) Factories not included in (i), in which Section 7 is enforced by L.A. | 17 | 11 | Nil | Nil |
| (iii) Other premises in which Section 7 is enforced by L.A. | 19 | 19 | Nil | Nil. |

(2) Cases in which defects were found - NIL.

SECTION D. HOUSING.

1. Council House Estates, etc.

(a) Park Road Estate.

Consists of 5 aged persons 2 bedroom bungalows.

(b) Sea Lane Estate.

Consists of 8 Duplex Flats (4 x 2 bedroom and 4 x 1 bedroom) and 12 x 3 bedroom houses.

(c) The Sandringham.

Contains 12 self-contained flats.

(d) Hill Street Estate.

Comprises 50 x 3 bedroom houses, 62 x 2 bedroom houses and 12 x 1 bedroom bungalows.

(e) Lighthouse Cottages.

Comprises 2 x 2 bedroom houses attached to the Old Lighthouse.

Work was commenced during the year on a block of 8 aged persons flats at Chiltern Crescent on the Hill Street Estate.

The total Council House property is as follows:-

| | | |
|----------------------------------|---|------------|
| 3 bedroom houses | - | 62 |
| 2 bedroom houses | - | 64 |
| 2 bedroom flats | - | 4 |
| 1 bedroom flats | - | 4 |
| 1 bedroom bungalows | - | 12 |
| 2 bedroom aged persons bungalows | - | 5 |
| Sandringham Flats | - | 12 |
| <u>TOTAL:</u> | | <u>163</u> |

2. Private Houses.

The number of private houses completed and occupied during the year was 26.

As a result of flat conversions 3 extra units of accommodation have also been provided.

3. Public Health and Housing Acts.

| | | | | | |
|---|-----|-----|-----|-----|------|
| Number of complaints received | ... | ... | ... | ... | 40. |
| Number of inspections and re-inspections | ... | ... | ... | ... | 83. |
| Informal requests to carry out work | ... | ... | ... | ... | 26. |
| Number of premises at which work was carried out as a result of above | ... | ... | ... | ... | 24. |
| Statutory Notices served | ... | ... | ... | ... | 1. |
| Statutory Notices complied with | ... | ... | ... | ... | 1. |
| Number of Demolition Orders made | ... | ... | ... | ... | Nil. |
| Number of premises demolished | ... | ... | ... | ... | Nil. |

4. Dirty and Verminous Premises.

Fumigation of two flea infested premises was carried out during the year.

5. Housing Acts - Improvements Grants.

Several inquiries were received and information given regarding improvement grants, but one application only was received during the year and approval given for a grant of £100.

6. Rent Act, 1957 - Certificates of Disrepair.

Applications for Certificates of Disrepair were received in respect of four premises during the year. In connection with these four applications and also the three which were under consideration at the end of last year, the issue of Certificates of Disrepair was approved in six cases, one being refused. Of the six cases the works were carried out at three before the dates when the Certificate would have been issued, and undertakings to remedy the defects were received from the landlords in the other three cases.

SECTION E. INSPECTION OF FOOD AND FOOD PREMISES.

1. Milk Supply.

There are no milk producers in the Urban District and only three milk distributors operate.

The Urban District became a "designated area" in October and from that date only designated milks could be sold.

However, even before that date only special designated milks (Tuberculin Tested, Pasteurised and Sterilised) treated and bottled outside the district were retailed.

Eight milk samples were taken during the year and submitted for Bacteriological Examination to the Public Health Laboratory. All the samples were found to conform to the required bacteriological standard.

2. Ice Cream.

Thirty premises are registered for the sale of ice-cream, one of them also being registered for its manufacture, this being carried out by the "cold mix" method.

Six samples of ice-cream were submitted to the Public Health Laboratory and all conformed to the required bacteriological standard.

3. Manufacture of Sausages, etc.

Five premises are registered for the manufacture of sausages, etc., all being part of butchers' premises. All were inspected and conditions found to be satisfactory.

4. Food Premises.

106 inspections of food premises were made during the year. All matters requiring attention were dealt with informally.

Other than unlicensed hotels, guest houses and boarding houses there are 107 food premises in the district, given under the following headings (premises have been included under the heading denoting the main business carried on):-

| | | | | |
|-------------------------|-----|-----|-----|----|
| Cafes and Restaurants | ... | ... | ... | 25 |
| Sweets Confectionary | ... | ... | ... | 21 |
| General Provisions | ... | ... | ... | 20 |
| Licensed Premises | ... | ... | ... | 12 |
| Licensed Club Premises | ... | ... | ... | 6 |
| Fruit and Vegetables | ... | ... | ... | 6 |
| Butchers | ... | ... | ... | 5 |
| Bakehouses | ... | ... | ... | 2 |
| Shell Fish | ... | ... | ... | 2 |
| Dairies... | ... | ... | ... | 1 |
| Fishmongers | ... | ... | ... | 2 |
| Fish and Chips | ... | ... | ... | 2 |
| Mineral Water Factory | ... | ... | ... | 1 |
| Slaughterhouses | ... | ... | ... | 1 |
| Beer Bottling and Store | ... | ... | ... | 1 |

5. Meat and Food Inspection.

Condemnation Notes have been issued in respect of food inspected, other than at the slaughterhouses, as follows:-

| | | | | |
|-------------------|-----|-----|-----|-------------------|
| Meat... | ... | ... | ... | 12 lbs. 8 oz. |
| Tinned Meat | ... | ... | ... | 7 tins (21½ lbs). |
| Tinned Vegetables | ... | ... | ... | Nil. |
| Tinned Milk | ... | ... | ... | 16 tins. |
| Tinned Fruit | ... | ... | ... | 23 tins (28 lbs). |

Condemned food is disposed of by burial at the Council's Refuse Disposal Site.

There is one licenced private slaughterhouse in the Urban District.

CARCASES AND OFFAL INSPECTED AND CONDEMNED
IN WHOLE OR PART.

| | <u>Cattle</u> <u>Excluding</u> <u>Cows.</u> | <u>Cows.</u> | <u>Calves.</u> | <u>Sheep</u> <u>and</u> <u>Lambs.</u> | <u>Pigs.</u> | <u>Horses.</u> |
|---|---|--------------|----------------|---|--------------|----------------|
| Number Killed. | 154 | Nil. | 1 | Nil. | 237 | Nil. |
| Number Inspected. | 154 | - | 1 | Nil. | 237 | - |
| <u>All diseases except</u> <u>Tuberculosis and</u> <u>Cysticerci.</u> | | | | | | |
| Whole carcasses condemned. | Nil. | - | Nil.. | Nil. | Nil. | - |
| Carcases of which some part of organ was condemned. | 19 | - | Nil. | Nil. | 2 | - |
| Percentage of the number inspected affected with disease other than tuberculosis and cysticerci. | 12.34% | - | 00.00% | 00.00% | 0.84% | - |
| <u>Tuberculosis</u> <u>Only.</u> | | | | | | |
| Whole carcass condemned. | Nil. | - | Nil. | Nil. | Nil. | - |
| Carcases of which some part or organ was condemned. | 9. | - | Nil. | Nil. | 3. | - |
| Percentage of the number inspected affected with tuberculosis. | 5.84%. | - | 00.00% | 0.00%. | 1.26%. | - |
| <u>Cysticercosis.</u> | | | | | | |
| Carcases of which some part or organ was condemned. | 1. | - | - | - | - | - |
| Carcases submitted to treatment by refrigeration. | Nil. | - | - | - | - | - |
| Generalised and totally condemned. | Nil. | - | - | - | - | - |

SECTION F. INFECTIOUS DISEASES.

NOTIFIABLE DISEASES DURING 1958.

| <u>Disease.</u> | <u>Total Cases</u> <u>Notified.</u> | <u>Cases Admitted</u> <u>to Hospital.</u> | <u>Total</u> <u>Deaths.</u> |
|-----------------|--|--|--------------------------------|
| Scarlet Fever | - | - | - |
| Whooping Cough | - | - | - |
| Measles | 5 | - | - |
| Jaundice | 2 | - | - |

TUBERCULOSIS.

New Cases and Mortality During 1958.

| <u>Age Period.</u> | <u>NEW CASES.</u> | | | | <u>DEATHS.</u> | | | |
|----------------------|---------------------|-----------|-----------------------------------|-----------|---------------------|-----------|-----------------------------------|-----------|
| | <u>Respiratory.</u> | | <u>Non</u> <u>Respiratory.</u> | | <u>Respiratory.</u> | | <u>Non</u> <u>Respiratory.</u> | |
| | <u>M.</u> | <u>F.</u> | <u>M.</u> | <u>F.</u> | <u>M.</u> | <u>F.</u> | <u>M.</u> | <u>F.</u> |
| 0 - | - | - | - | - | - | - | - | - |
| 1 - | - | - | - | - | - | - | - | - |
| 5 - | - | - | - | - | - | - | - | - |
| 15 - | - | - | - | - | - | - | - | - |
| 25 - | 1 | 1 | - | - | - | - | - | - |
| 35 - | - | 1 | - | - | - | - | - | - |
| 45 - | - | - | - | - | - | - | - | - |
| 55 - | - | - | - | - | - | - | - | - |
| 65 - and upwards. | - | - | - | - | 1 | - | - | - |
| | 1 | 2 | 0 | 0 | 1 | - | - | - |

During the period 20th to 27th October, 1958, a Mass X-Ray survey of Hunstanton and District was undertaken by Norwich Mass Radiography Unit, when one active case of Pulmonary Tuberculosis was discovered.

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